

TAKE THE PLEDGE

TAKE IAN'S PLEDGE AND HAVE YOUR CHILD'S NAME
ENTERED INTO A DRAWING FOR A FREE HELMET

[Commit to Wearing a Helmet every time you are on a bicycle, scooter,
roller skates, roller blades, and skateboards.]



HELMET SAFETY

PROTECTION, PREVENTION
& PEACE OF MIND

IAN'S PLEDGE
WE THE YOUTH,
PLEDGE TO **B2G2:**
Be Safe, Be Wise, Get Permission, Get Help

- ✓ Wear safety gear and take other precautions when skating, blading, biking and other similar activities
- ✓ Make wise choices when faced with danger and the risk of possibly hurting ourselves or others
- ✓ Receive adult approval and listen to the advice they offer
- ✓ React properly in case of an accident and do all that is possible to help the well-being of others